



Be Active

Keep Learning

Take Notice









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Here are some other useful links:

<https://young.scot/campaigns/national/coronavirus>

From New Zealand a video for children: •Corona virus explainedŽ  
Dr Michelle Dickinson

<https://www.youtube.com/watch?v=OPsY-jLqaXM>

Child Mind Institute: Video and information

<https://childmind.org/article/>

Who can you  
connect with?  
e.g. friends, family,  
work colleagues

Who can help out  
if needed?



In your  
community





